Adaliah Home

Temporary place of safe care for babies
BUSINESS PLAN and funding proposal

A.F.M. EXECUTIVE WELFARE COUNCIL - uMephi
ADALIAH HOME
January 2013

CONTACT PERSONS:

PROJECT LEADER: Mrs Suzette Morris

HOUSE MOTHER: Mrs Elsabe Esterhuizen

SOCIAL WORKER: Mrs. Lizelle de Jager

Banking details:
Nedbank
Name: Adaliah-Sorg
Cheque no: 1321 003 668
Branch: Swellendam
1. IDENTIFYING PARTICULARS:

1.1 NAME OF PROJECT

AHALIAH HOME

1.2 PHYSICAL ADDRESS

4 Athlone Street
SWELLENDAM
South Africa
6740

1.3 POSTAL ADDRESS

P.O. Box 15
SWELLENDAM
South Africa
6740

1.4 CONTACT NUMBERS

+ 27 28 514 1841 (Tel/ Fax)
+ 27 82 467 8730 ( House mother )
+27 82 416 2149 (Project Leader)
+ 27 084 516 7147 ( Social Worker)

1.5 CONTACT PERSONS

PROJECT LEADER:
Mrs Suzette Morris
+27 82 416 2419
sue@stemor.co.za

HOUSE MOTHER:
Mrs Elsabe Esterhuizen
+27 28 514 1841
admin@adaliahhome.co.za

SOCIAL WORKER:
Mrs. Lizelle de Jager
+27 084 516 7147
lizelledejager@vodamail.co.za
2 MANAGING BODIES:

2.1 The A.F.M. Executive Welfare Council  
P.O. Box 31193  
WAVERLEY  
South Africa, 0235  
Tel: + 27 12 332 0599

2.2 Contact Persons: Mrs Helena Jackson

2.3 The Adaliah Home Management Committee  
P.O. Box 15  
SWELLENDAM  
6740  
Tel: +27 28 514 1841

2.4 Contact Persons: Elsabe Esterhuizen/ Dalesia Alberts

3. STRUCTURE AND ABILITIES OF THE BODY MANAGING THE SERVICE FOR WHICH FINANCING IS REQUESTED:

3.1 Fundraising number: 01 100115005 8  
Welfare Organization: 11 02 0059  
PBO: 18/11/13/1456  
NPO number: 000-762  
(In conjunction with the AFM Executive welfare Council, Director, Mrs. Helena Jackson)

3.2 AUDITORS:

Van Niekerk & Roos (Chartered Accountants)  
P.O. Box 187  
RANDBURG  
JOHANNESBURG  
South Africa  
2125  
Tel: +27 11 886 3104  
Fax: +27 11 886 5318
4. **BACKGROUND OF THE ORGANISATION**

The A.F.M. Welfare Department originated in 1938 as a result of the need to care for disadvantaged Children who, as a result of physical and sexual abuse, neglect, rejection or abandonment were removed from their parents/primary caregivers. The need was addressed through the establishment of a Children's Home which was later decentralized into 32 Community based Child and Youth Care Centres. The long lists of applications for admission to the Children's Home as well as the many applications for the admission of abandoned and special needs children motivated the development of the now called Umephi program for children which addresses the need of Maltreated and Abused children, Abandoned and Special Needs children as well as Orphaned children.

Whereas the activities of the Welfare Department in the past were mainly focused on formal welfare intervention and services (institutions and statutory work) it has been re-directed to a resource, development, planning and management program which provides services not only to the AFM infrastructure, but also to all the communities in South Africa. A new division was established during 2008/2009 through which communities and people living with HIV/AIDS will be capacitated and empowered to establish and manage educational, preventative and intervention programmes to address especially the HIV/AIDS issues.

The A.F.M. Welfare Department, through the uMephi Program has since 2001 established 22 Places of Safety (Halfway Homes) for abandoned babies in different provinces in South Africa. There are also 6 homes caring for babies with special needs (brain damaged, cerebral palsy ect.). These homes accommodate 6 - 12 children at a time. Of which Adaliah Home is one, such home. The establishment of more Halfway homes and Special Needs Homes are in the process as the need is growing each day. Over 2000 babies have been accommodated since March 2001.

The A.F.M. Executive Welfare Council also accommodates babies, toddlers and orphans in Community Foster Homes, as it has become clear that many of the babies and toddlers are HIV-positive/mildly disabled and will have to be cared for as long as they live. It is also the intention of the A.F.M. Executive Welfare Council to, through the same program, establish Community Trust Foster Homes for specifically orphaned siblings. Once again 6 children will be placed in a home in the care of screened and trained Foster Parents. The home will however be registered in a Trust with the children as the sole beneficiaries.

The AFM Welfare Department services countrywide can be summarised in the following manner.
The specialized areas are as followed:

- **Caring for children in need** (Abused, Sexually Abused, Abandoned, Orphaned, HIV/Infested and affected and children with special needs) in 79 Projects
  - 255 children are cared for in 29 Child and Youth Care Centres. Children's Home had decentralized to move children back to the communities where they came from. (Provincial program)
  - 256 Abandoned babies and toddlers are cared for in 22 Halfway Homes every day. (National Program)
  - 44 HIV-Positive babies and toddlers are cared for in 6 Professional Foster Homes. (National Program)
  - 46 Babies and Toddlers with special needs (brain damages, cerebral palsy etc.) are cared for in 6 Homes for Special Needs Children. (Provincial Program)
  - 109 Orphans are cared for in 16 Cluster Foster care Schemes (National Program)
  - 16 Social Workers render statutory Services to the children's Program and receive supervision form AFM Welfare Department. (National Program)
  - 2 Area Co-ordinators overseas two areas (where the biggest concentration of project are - Limpopo and Northern Cape)

- **Care for the Aged** (Frail and Self Reliant)

- **Community Development Program** addressing the need of people living with HIV/AIDS through Comprehensive Prevention, Education (capacity building and empowerment through training) and intervention program.

- **Adoption**: Abba Adoption is the official adoption division of the AFM Welfare Council since 1996. The adoption division renders professional adoptions services, statutory services and birthparent care services under the supervision of the AFM. The division also has satellite offices in KZN and the Western Cape. The Adoption program is a national program and adoptive parents are recruited from across the country. The division is a specialist in the field of adoption and facilitates both national and inter-country adoptions.

4. **MOTIVATION AND REASON FOR ESTABLISHING HOUSE ADALIAH IN SWELLENDAM**

Due to the high unemployment rate and poverty, HIV/AIDS, substance abuse, domestic violence, crime (rape, etc.), many single parents and families are not emotionally and financially in the position to care for their own children. Because of this reason parents are very often forced to abandon their unborn babies and small children without having support, advice or counselling in terms of the future of their children. In the Overberg
area, young girls, still of school going age and some as young as 12 years, fall pregnant. They fall pregnant as a result of rape, abusive relationships or being in a sexual relationship without realizing the consequences. They are then very often abandoned from their own families and / or is forced to make decisions about their babies without receiving information on options that might exist to secure a good family for the babies or to keep their babies with the assistance of volunteer groups in the community.

A group of volunteer women in the Swellendam town established Adaliah Care with the sole purpose initially to assist and support young mothers or women struggling with an unplanned or unwanted pregnancy. They assisted in hospital when they have to give birth, staying with them through the process of giving birth, assisting them with clothes and necessities for the baby when they go home and to follow up with visitation teaching the young mother to cope with the demands of motherhood. Assistance was also to empower the young mothers even before birth to get as much information to make an informed decision about their unborn baby.

The word Adaliah means, refuge, shelter and protection in God, and water. Water is the symbol of life and blessing. As the young mother seeks to be cleansed by the living Waters, she also seeks refuge and shelter in Him, and finds shelter in His love. Joh 7:38

This resulted in young unmarried, pregnant out of wedlock girls approaching Adaliah Volunteers for advice and direction when they realized they were pregnant. In some cases, some of the girls did not have a home to go to and had to be referred to homes in Cape Town.

During the second half of 2007, the co-ordinator of the Adaliah Care group contacted the AFM Executive Welfare Council with the request to start a project for the babies of mothers who needed time to make final decisions about their babies. (AFMEWC had at that stage, at the request of the National Department of Social Development, piloted private places of Safety for abandoned babies in all Provinces.)

A meeting was held with the Welfare sector and other service organizations in Swellendam during January 2008 and it was clear that the service was a great need in the area.

A suitable house was found and equipped, caregivers were screened, trained and appointed and babies were admitted since May 2008. The co-ordinator of Adaliah Care was also appointed as the housemother and project leader of the home. The AFMEWC then appointed a social worker to handle the statutory services of the home, do counselling with young mothers and network with other welfare organizations.
Adaliah Home in Swellendam has cared for 102 babies up until Jan 2013. The statistics can be broken down as follows:

<table>
<thead>
<tr>
<th>Year</th>
<th>Babies that was admitted to the home</th>
<th>Babies who were adopted</th>
<th>Babies that was returned to the mother or went in to foster care</th>
</tr>
</thead>
<tbody>
<tr>
<td>2008</td>
<td>9</td>
<td>8</td>
<td>1</td>
</tr>
<tr>
<td>2009</td>
<td>22</td>
<td>17</td>
<td>5</td>
</tr>
<tr>
<td>2010</td>
<td>21</td>
<td>17</td>
<td>4</td>
</tr>
<tr>
<td>2011</td>
<td>26</td>
<td>22</td>
<td>4</td>
</tr>
<tr>
<td>2012</td>
<td>18</td>
<td>18</td>
<td>0</td>
</tr>
<tr>
<td>2013</td>
<td>6</td>
<td>5</td>
<td>1</td>
</tr>
</tbody>
</table>

Since September 2008, 640 teenagers and women who experienced an unplanned pregnancy were counselled and were supported in terms of their immediate need and their future planning regarding their unborn babies. These referrals were all received from clinics and hospitals in Swellendam as well as the nearby towns. (Statistics on the number of teenage pregnancies and teenagers giving birth in relation to mothers giving birth in the Swellendam hospital has increased from 9% to 12% in 3 years time.)

5. **FOCUS OF THE PROJECT - ADALIAH HOME**

It is the focus of the A.F.M. Executive Welfare Council: u Mephi (children's division) to:

5.1 maintain and uphold **Adaliah Home**, place of temporary safe care for babies in Swellendam, in order to accommodate and meet the need of more children in need of care, more specifically: abandoned babies, babies affected by HIV/Aids - Aids Orphans, children who are HIV negative and children who are HIV positive and have special needs;

5.2 Maintain and motivate management committees and train committees (capacity building);

5.3 Train and support Halfway Home parents to care for the babies;

5.4 Supervise a Social Worker to do the Statutory and Therapeutic Work to ensure a secure legal process, re-unification with families if possible, as well as emotional wellness of all babies;

5.5 Test (medical) and screen babies for permanency planning and facilitate adoption if needed.

6. **PLANNED DURATION:**

The Project as planned will be ongoing as long as the need exists.
7 IMPLEMENTATION PLAN:

7.1 AREA OF OPERATION:

The Project is aimed to render a service to following areas, Overberg (including Swellendam, Riviersonderend, Bonnivale, Barrydale, Zuurbraak, Buffeljagsrivier, Malgas, Stromsvlei, Hermetiet, Leeurivier, Montagu, Robertson en Ashton), Southern Cape (including Knysna, George, Albertinia, Stilbaai, Riversdal, Heidelberg, Mosselbaai), Cape Agulhas (including Bredasdorp, Elim, Waenhuiskrans, Napier en Protem) Worcester, where the need exists.

7.2 OBJECTIVES

7.2.1 THE HOME WILL PROVIDE CARE FOR THE CHILD IN NEED OF CARE

7.2.1.1 Provide training programs to ensure ongoing support systems through volunteers;
7.2.1.2 Admit children of all races;
7.2.1.3 Provide statutory and supervisory services;
7.2.1.4 Register births;
7.2.1.5 Ensure that children be re-united with their families in the shortest possible time if at all possible.
7.2.1.6 Test and screen children for adoption if HIV-negative (HIV-testing, Hepatitis tests, CT-scans etc.).
7.2.1.7 Facilitate the adoption processes through Welfare Organisations/Adoption Agencies.
7.2.1.8 Advertise for the birth parents and legal investigation where a baby is abandoned.
7.2.1.9 Assist the birthparent to sign consent for adoption where needed.
7.2.1.10 All necessary court work in assuring the legal placement of children.
7.2.1.11 Guide and support caregivers and house parents.

7.2.2 THE HOME WILL MEET THE BASIC NEEDS OF THE CHILDREN IN ITS CARE BY ENSURING IT IS ABLE TO:

7.2.2.1 Provide suitable living facilities i.e. a House Unit where the children have a bedroom and bathroom, furniture, a place to have meals, and a place to play.
7.2.2.2 Provide food, clothing, medical care, and transport.
7.2.2.3 Provide trained parents and caregivers who will ensure that the physical, emotional and spiritual needs of the children are met.
7.2.2.4 Provide medical care for HIV-positive children.
7.2.3 THE PROJECT WILL PROVIDE A SERVICE, WHICH IS IN ACCORDANCE WITH THE RIGHTS OF CHILDREN

Provide training and on-going control over the homes according to the Minimum Standards: The South African Child and Youth Care System.

8. PROGRAM MONITORING AND EVALUATION

It is the policy of the AFM Executive Welfare Council to involve local assemblies and communities in the planning, establishment and management of projects. Management committees take co-responsibility for the running of the specific project. It is expected of such a Management Committee to endeavour to ensure that projects become self-sustainable. For this reason the AFM Executive Welfare Council does not embark on the establishment of projects where there is no assembly / church / community body involved.

Management committees are trained in terms of administration, financial management, Human Resources as well as marketing and networking. Projects are of “bite size” proportions and can easily be afforded in a community with the assistance of the specific grants for the Government. (Foster Care Grants, etc). The AFM Executive Welfare Council will endeavour to find funding through its Churches not directly involved in projects as well as accessing funding from corporate and Private Sponsors.

The management Committee meets quarterly or whenever on demand. The regular quarterly meetings are also attended by the director or deputy director or the National Program Manager of the AFMEWC. On this meeting feedback is then given on all aspects of the projects functioning and the finances.

During this quarterly visits to the projects, evaluation is also done. Feedback is given on strengths and weaknesses.

9. COSTING THE PROJECT

The project is a community-based program, and strives to be self-reliant. There for the project relies on donations and fundraising. The A.F.M. Executive Welfare Council supplies the additional funding needed after donations, subsidies and Place of Safety Fees have been received.

HALFWAY HOME FOR BABIES:  
R 42 363.00 per month for 6 babies  
R 60 442.00 per month for 12 babies  
R 508 356.00 annually for 6 babies  
R 725 304.00 annually for 12 babies
## BUDGET: ADALIAH HOME
### 6 - 12 BABIES

### INCOME NEEDED

<table>
<thead>
<tr>
<th>ITEM</th>
<th>MONTHLY FOR 6 BABIES</th>
<th>MONTHLY FOR 8-12 BABIES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Place of Safety Fees if available</td>
<td>R0.00</td>
<td>R0.00</td>
</tr>
<tr>
<td>Donations/Fundraising</td>
<td>R42 363.00</td>
<td>R60 442.00</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>R42 363.00</strong></td>
<td><strong>R60 442.00</strong></td>
</tr>
</tbody>
</table>

### EXPENSES

<table>
<thead>
<tr>
<th>ITEM</th>
<th>MONTHLY FOR 6 BABIES</th>
<th>MONTHLY FOR 8 - 12 BABIES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maintenance (Appliances etc)</td>
<td>500.00</td>
<td>500.00</td>
</tr>
<tr>
<td>Water and Electricity (levy)</td>
<td>3000.00</td>
<td>4 500.00</td>
</tr>
<tr>
<td>Telephone</td>
<td>400.00</td>
<td>600.00</td>
</tr>
<tr>
<td>Garden - maintenance (levy)</td>
<td>360.00</td>
<td>360.00</td>
</tr>
<tr>
<td>Salary - Place of Safety Parents*</td>
<td>2216.00</td>
<td>2216.00</td>
</tr>
<tr>
<td>Salary - Caregiver x 6</td>
<td>8700.00</td>
<td>11600.00</td>
</tr>
<tr>
<td>Additional 2 - 4 caregivers @ R1 450.00 per person</td>
<td></td>
<td></td>
</tr>
<tr>
<td>UIF</td>
<td></td>
<td>87.00</td>
</tr>
<tr>
<td>Volunteers will be used to relieve and when caregivers are ill or on leave</td>
<td></td>
<td>116.00</td>
</tr>
<tr>
<td>Babies - Diapers</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Milk formulas</td>
<td>3 000.00</td>
<td>6 000.00</td>
</tr>
<tr>
<td>- Purity and porridge</td>
<td>850.00</td>
<td>1 200.00</td>
</tr>
<tr>
<td>- Consumables</td>
<td>3 000.00</td>
<td>4 500.00</td>
</tr>
<tr>
<td>- Pharmacy account</td>
<td>500.00</td>
<td>1 000.00</td>
</tr>
<tr>
<td>- Memory box and photos</td>
<td>300.00</td>
<td>600.00</td>
</tr>
<tr>
<td>- Clothing</td>
<td>800.00</td>
<td>1 100.00</td>
</tr>
<tr>
<td><strong>Medical expenses</strong></td>
<td><strong>6 000.00</strong></td>
<td><strong>8 000.00</strong></td>
</tr>
<tr>
<td>Transport</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Service of volunteers can be utilized</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Rent</strong></td>
<td><strong>4600.00</strong></td>
<td><strong>4600.00</strong></td>
</tr>
<tr>
<td><strong>Stationary</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Volunteers (Tea, coffee, eats)</strong></td>
<td><strong>700.00</strong></td>
<td><strong>900.00</strong></td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>42363.00</strong></td>
<td><strong>60442.00</strong></td>
</tr>
</tbody>
</table>
## OTHER EXPENSES ON YEAR BASIS

<table>
<thead>
<tr>
<th>Item</th>
<th>For 4 personel</th>
<th>For 8 personel</th>
</tr>
</thead>
<tbody>
<tr>
<td>Protective clothing caregivers</td>
<td>R 6000.00</td>
<td>R12000.00</td>
</tr>
<tr>
<td>Equipment (replacement when equipment brakes)</td>
<td>R 2 500.00</td>
<td></td>
</tr>
<tr>
<td>Marketing (pamphlets, flyers, advertisements)</td>
<td>R 4 500.00</td>
<td></td>
</tr>
</tbody>
</table>